Upper School Lunch Menu

NOV 11TH - NOV 15TH

Indigenous Heritage Month

MONDAY

Veterans Day
No School

TUESDAY

Chicken & Waffles
Crispy Tofu
Baked Beans
Coleslaw

WEDNESDAY

Baked Salmon
'Three Sisters' Bowl w/
Squash, Corn & Beans
Fry Bread
Roasted Green Beans

THURSDAY

Chicken Provençal
Fall Vegetable Ratatouille
Couscous Salad
Sweet Peas

MEATLESS FRIDAY

Cheese Quesadilla
Black Bean Stew
Jasmine Rice
Corn & Peppers
Fresh Fruit Salad

AVAILABLE DAILY

Yogurt & Whole Fruit
Self Serve Salad Bar
Allergen Friendly Options